

John W. DeLuca, Ph.D.

Licensed Psychologist

303.746.4402

www.fearlessheart.com www.mindstuff.org

Reading & Resource List

Buddhist Lam Rim (Stages of the Path)

Atisha: A Lamp on the Path. George Allen & Unwin. (1983)

http://www.amazon.com/Lamp-Path-Commentary-Wisdom-Tibet/dp/0042941245/ref=sr_1_9?ie=UTF8&s=books&qid=1252197567&sr=1-9

R. Sherburne: The Complete Works of Atisha, The Lamp for the Path & Commentary

http://www.amazon.com/Complete-Works-Atisa-Lamp-Commentary/dp/8177420224/ref=sr_1_5?ie=UTF8&s=books&qid=1252197567&sr=1-5

Geshe Sonam Rinchen: (Tsong Khapa's) *The Three Principle Aspects of the Path* (1999)

http://www.amazon.com/Three-Principal-Aspects-Path/dp/1559391162/ref=sr_1_4?ie=UTF8&s=books&qid=1252197509&sr=1-4

Trijang Rimpoché: (Pabongka's) Liberation in the Palm of Your Hand: A Concise Discourse on the Path to Enlightenment (2006)

http://www.amazon.com/gp/product/0861715004/ref=sip_pdp_dp_2

Tsong Khapa: The Great Treatise on the Stages of the Path to Enlightenment – 3 volumes (2001 - 2004)

http://www.amazon.com/Great-Treatise-Stages-Path-Enlightenment/dp/1559391529/ref=pd_bxgy_b_text_c

Thubten Chodron

<http://www.thubtenchodron.org/>

Guided Meditations on the Stages of the Path (with 15 hour mp3 meditation CD) (2007)

http://www.amazon.com/Guided-Meditations-Stages-Path-meditation/dp/1559392819/ref=sr_1_4?ie=UTF8&s=books&qid=1252196319&sr=8-4

Gelek Rinpoche

<http://www.jewelheart.org/>

Rinpoche's Blog - http://www.jewelheart.org/general_pages/rinpoche.html

Good Life, Good Death: Tibetan Wisdom on Reincarnation (2001)

http://www.amazon.com/Good-Death-Rinpoche-Nawang-Gehlek/dp/1573229520/ref=sr_1_1?ie=UTF8&s=books&qid=1252197476&sr=1-1

Lam Rim Radio

<http://www.lamrim.com/>

Michael J. Linden

<http://www.talkinghearts.net/>

Messages from the Body: Their Psychological Meaning (Revised, 2006; 9th printing 2008)

http://www.talkinghearts.net/book_body_info.html

Esther & Jerry Hicks

www.abraham-hicks.com

The Law of Attraction: The Basic Teachings of Abraham

http://www.amazon.com/Law-Attraction-Basics-Teachings-Abraham/dp/1401917593/ref=pd_bbs_sr_2?ie=UTF8&s=books&qid=1231707160&sr=8-2

Money and the Law of Attraction: Learning to Attract Wealth, Health, and Happiness

http://www.amazon.com/Money-Law-Attraction-Learning-Happiness/dp/1401918816/ref=sr_1_1?ie=UTF8&s=books&qid=1231707206&sr=1-1

The Vortex: Where the Law of Attraction Assembles All Cooperative Relationships (2009)

http://www.amazon.com/Vortex-Attraction-Assembles-Cooperative-Relationships/dp/1401918824/ref=sr_1_11?ie=UTF8&s=books&qid=1243288090&sr=1-11

The Law of Attraction: Spirituality (title?, forthcoming)

Rob Brezsny

<http://www.freewillastrology.com/>

Pronoia Is the Antidote for Paranoia, Revised and Expanded: How the Whole World Is Conspiring to Shower You with Blessings (2009)

http://www.amazon.com/Pronoia-Antidote-Paranoia-Revised-Expanded/dp/1556438184/ref=sr_1_1?ie=UTF8&s=books&qid=1252196542&sr=1-1

Byron Katie

<http://www.thework.com>

Loving What Is: Four Questions That Can Change Your Life

http://www.amazon.com/Loving-What-Four-Questions-Change/dp/1400045371/ref=sr_1_1?ie=UTF8&s=books&qid=1231707273&sr=1-1

Your Inner Awakening (Audio CD set – my favorite of her works)

http://www.amazon.com/Your-Inner-Awakening-Questions-Transform/dp/0743562720/ref=sr_1_1?ie=UTF8&s=books&qid=1230842967&sr=1-1

Who Would You Be Without Your Story?

http://www.amazon.com/Who-Would-Without-Your-Story/dp/1401921795/ref=sr_1_3?ie=UTF8&s=books&qid=1230843040&sr=1-3

Dr. Hew Len

<http://www.hooponoponotheamericas.org/>

The Foundation of I: Basic I (2006) *Self-I-dentity through Ho'oponopono* (comes with workshop)

Zero Limits: The Secret Hawaiian System for Wealth, Health, Peace, and More (with Joe Vitale; 2007)

http://www.amazon.com/Zero-Limits-Secret-Hawaiian-System/dp/0470402563/ref=sr_1_1?ie=UTF8&s=books&qid=1231707339&sr=1-1

Hale Dwoskin & Lester Levenson

<http://www.sedona.com/>

The Sedona Method

http://www.amazon.com/Sedona-Method-Happiness-Emotional-Well-Being/dp/0971933413/ref=pd_bbs_sr_1?ie=UTF8&s=books&qid=1230842825&sr=8-1

The Sedona Method workshop DVD sample (free, just pay s/h)

<http://www.sedona.com/>

The Keys to the Ultimate Freedom (Lester Levenson – out of print; available used on Amazon)

http://www.amazon.com/Keys-ultimate-freedom-Thoughts-transformation/dp/0915721031/ref=sr_1_1?ie=UTF8&s=books&qid=1231707462&sr=1-1

Happiness Is Free and Easier Than You Think (Dwoskin & Levenson; 5 volume set, revision of Lester's *The Keys to Ultimate Freedom*)

-Volume 1 – hardcover and softcover available new and used on Amazon (HC)

http://www.amazon.com/Happiness-Free-Easier-Training-Associates/dp/B000GK5ZBS/ref=sr_1_3?ie=UTF8&s=books&qid=1243288259&sr=1-3 (SC)
http://www.amazon.com/Happiness-Free-Easier-Than-Think/dp/0971933405/ref=sr_1_1?ie=UTF8&s=books&qid=1243288259&sr=1-1

-Volume 2 – out of print - hardcover available new from Sedona Associates (www.Sedona.com) or used from Amazon

http://www.amazon.com/Happiness-Free-Easier-Than-Think/dp/B000V51LIO/ref=sr_1_9?ie=UTF8&s=books&qid=1243288363&sr=1-9

-Volumes 3-5 – out of print - hardcover available used on Amazon

-v3 - http://www.amazon.com/Happiness-Free-Easier-Than-Think/dp/B000V4ZNVQ/ref=sr_1_16?ie=UTF8&s=books&qid=1243288519&sr=1-16

-v4 - http://www.amazon.com/Happiness-Free-Easier-Than-Think/dp/B000V4Y79U/ref=sr_1_7?ie=UTF8&s=books&qid=1243288363&sr=1-7

-v5 – http://www.amazon.com/Happiness-Free-Easier-Than-Think/dp/091572104X/ref=sr_1_8?ie=UTF8&s=books&qid=1243288363&sr=1-8

Freedom Now The Key to Lasting Happiness, and Abundance and Well Being – out of print (1998)

http://www.amazon.com/Freedom-Lasting-Happiness-Abundance-Being/dp/B001AE5QYU/ref=sr_1_20?ie=UTF8&s=books&qid=1243288519&sr=1-20

Joseph Murphy

<http://www.dr-joseph-murphy.com/>

***See also original Publisher: <http://www.devorss.com/search.cgi>

The Power of Your Subconscious Mind (Revised/Expanded, 2008)

http://www.amazon.com/exec/obidos/tg/detail/-/0735204314/ref=ord_cart_shr?_encoding=UTF8&m=ATVPDKIKX0DER&v=glance

The Amazing Laws of Cosmic Mind Power (Revised/Expanded, 2001) http://www.amazon.com/Amazing-Cosmic-Power-Revised-Expanded/dp/0735202206/ref=pd_sim_b_4

The Miracle of Mind Dynamics: A New Way to Triumphant Living (1972)

http://www.amazon.com/Miracle-Mind-Dynamics-Triumphant-Living/dp/0135853982/ref=pd_ecc_rvi_cart_4

Putting the Power of Your Subconscious Mind to Work: Reach New Levels of Career Success Using the Power of Your Subconscious Mind (Revised/Expanded, 2009)

http://www.amazon.com/Putting-Power-Your-Subconscious-Mind/dp/0735204365/ref=pd_ybh_5?pf_rd_p=280800601&pf_rd_s=center-2&pf_rd_t=1501&pf_rd_i=ybh&pf_rd_m=ATVPDKIKX0DER&pf_rd_r=0N81PV7CM4PZFDEW5XS6

Think Yourself to Health, Wealth, & Happiness: The Best of Dr. Joseph Murphy's Cosmic Wisdom (2002)

http://www.amazon.com/Think-Yourself-Health-Wealth-Happiness/dp/0735203636/ref=pd_sim_b_2

Think Yourself Rich (2001 – not just about money)

http://www.amazon.com/Think-Yourself-Ph-D-Joseph-Murphy/dp/0735202230/ref=pd_sim_b_4

Believe in Yourself (3rd ed., 2008)

http://www.amazon.com/Believe-Yourself-Hay-House-Classics/dp/1401911919/ref=pd_sim_b_3

How to Use The Laws of Mind (1988)

http://www.amazon.com/How-Laws-Mind-Joseph-Murphy/dp/0875164269/ref=sr_1_1?ie=UTF8&s=books&qid=1252199652&sr=1-1

Pray Your Way Through It (1998)

http://www.amazon.com/gp/product/0875161901/ref=ox_ya_os_product

Collected Essays of Joseph Murphy (1966)

http://www.amazon.com/Collected-Essays-Joseph-Mentors-Thought/dp/0875165923/ref=pd_sim_b_88

Telepsychics: Tapping Your Hidden Subconscious Powers (1973/1987)

http://www.amazon.com/Telepsychics-Tapping-Hidden-Subconscious-Powers/dp/0875165982/ref=sr_1_19?ie=UTF8&s=books&qid=1252199271&sr=1-19

Psychic Perception (1971/1995)

http://www.amazon.com/Psychic-Perception-Extrasensory-miracles-studies/dp/0875166709/ref=pd_sim_b_4

Your Infinite Power to Be Rich (1966/1968)

http://www.amazon.com/Your-Infinite-Power-Rich-Subconscious/dp/013979591X/ref=pd_sim_b_4

The Cosmic Power Within You (1968)

http://www.amazon.com/COSMIC-POWER-WITHIN-YOU/dp/B001ULKY8Q/ref=sr_1_3?ie=UTF8&s=books&qid=1252199707&sr=1-3

The Cosmic Energizer: Miracle Power of the Universe (1966)

<http://www.devorss.com/display.cgi?tpl=item&record=537>

Aurelia Louise Jones

<http://www.lemurianconnection.com/en/index.htm>

<https://mslpublishing.com/index.html>

TELOS, Volume 3 - Protocols of the Fifth Dimension (2006) [Especially Part I]

http://www.amazon.com/TELOS-3-Protocols-Fifth-Dimension/dp/0970090277/ref=sr_1_5?ie=UTF8&s=books&qid=1252195933&sr=8-5

Wayne Dyer

<http://www.drwaynedyer.com/>

Excuses Begone (2009)

http://www.amazon.com/Excuses-Begone-Lifelong-Self-Defeating-Thinking/dp/1401921736/ref=ntt_at_ep_dpt_1

There is a Spiritual Solution for Every Problem (2001)

http://www.amazon.com/Theres-Spiritual-Solution-Every-Problem/dp/0060929707/ref=sr_1_1?ie=UTF8&s=books&qid=1259797917&sr=1-1

Your Sacred Self: Making the Decision to be Free (2001)

http://www.amazon.com/Your-Sacred-Self-Making-Decision/dp/0060935839/ref=sr_1_1?ie=UTF8&s=books&qid=1259797781&sr=8-1

Christine Page

<http://www.christinepage.com/>

2012 and the Galactic Center: The Return of the Great Mother (2008)

http://www.amazon.com/2012-Galactic-Center-Return-Mother/dp/1591430860/ref=sr_1_1?ie=UTF8&s=books&qid=1259798764&sr=8-1

Spiritual Alchemy: How to Transform Your Life (2005)

http://www.amazon.com/Spiritual-Alchemy-Transform-Your-Life/dp/1844130363/ref=sr_1_2?ie=UTF8&s=books&qid=1259798764&sr=8-2

Debbie Ford

<http://www.debbieford.com/>

The Shadow Effect – DVD (with Marianne Williamson and Deepak Chopra)

<http://theshadoweffect.com/>

The Shadow Effect – book (with Marianne Williamson and Deepak Chopra; 5/2010)

[http://www.amazon.com/Shadow-Effect-Harnessing-Power-](http://www.amazon.com/Shadow-Effect-Harnessing-Power-Dark/dp/0061962651/ref=sr_1_1?ie=UTF8&s=books&qid=1259797970&sr=1-1)

[Dark/dp/0061962651/ref=sr_1_1?ie=UTF8&s=books&qid=1259797970&sr=1-1](http://www.amazon.com/Shadow-Effect-Harnessing-Power-Dark/dp/0061962651/ref=sr_1_1?ie=UTF8&s=books&qid=1259797970&sr=1-1)